



## **Provider Alert**

### **COVID-19 Webinars and Resources**

#### **July 9, 2021**

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

#### **CovidCONNECT Support Groups**

Organized by NAMI Maryland in partnership with Maryland 211 and BHA, this group offers virtual support for those who have had COVID-19. Trained peer facilitators host small groups sessions twice a month to provide support for Marylanders interested in connecting with others to talk about the challenges of recovering from this disease. Hosted every other Thursday, (6:30 to 8 p.m.), the next support group will be held July 15.

Visit the CovidCONNECT website at [covidconnect.health.maryland.gov](https://covidconnect.health.maryland.gov) to learn more and to [register](#). If you have questions or requests about virtual support groups and related resources, please email [mdh.covidconnect@maryland.gov](mailto:mdh.covidconnect@maryland.gov). Please [access and share this flyer](#) with your networks.

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#### **BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve** (2nd and 4th Thursdays | 5-6 p.m.)

These webinars are for Maryland's health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the pandemic, social justice issues, and other stressors that can potentially impact delivered care. CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may qualify for CEUs or other continuing education credit, although these are not approved for CEUs by the Maryland Board of Social Work Examiners. Participants should check with their certifying organizations to see how these would apply.

For upcoming topics, and to register, please [access this flyer](#) and share with your networks.

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## **Free Counseling, Stress Management and Crisis Support for Long-term Care Staff**

Counseling Stress Management and crisis support is available for staff at assisted living facilities, group homes, as well as nursing homes. The Maryland COVID-19 Crisis Support Program offers free, confidential counseling support to ALL employees of Maryland's long-term health care facilities impacted by the coronavirus outbreak. **Services are also available in Spanish.**

[Learn more](#) about receiving support services for yourself or your organization. [Fill out this form](#) or, for urgent requests, call **1-800-648-3001**. For questions, email [miemss.crisisresponse@maryland.gov](mailto:miemss.crisisresponse@maryland.gov).

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*BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email [bha.inquiries@maryland.gov](mailto:bha.inquiries@maryland.gov).*

Thank you,

Optum Maryland Team